



**Magiczny  
Kraków**

## **Queen Bona Sforza and her culinary legacy**

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**Queen Bona Sforza and her impact on Polish culinary culture have become the stuff of legend.**

In 1533, writer Stanisław Orzechowski wrote that Bona "brought us out from the time of wild old-fashioned gentry to the current culture of life and put us on par with the Italians in terms of sophistication and with the Greeks when it comes to science." However, the question remains what her real impact on Polish culinary arts was. Contrary to popular belief, Poles were familiar with a variety of vege in Poland in the Late Middle Ages] *Studia Mediaevalia Bohemica* 1/2009

<https://polona.pl/item/jagiellonki-polskie-w-xvi-wieku-uzupelnienia-rozprawy-materyaly-glownie-z-ces.NzgwODU5/26/#item>